

# REDWOODS

WORK COLLABORATIVE

Connections Matter

WILLOUGHBY COUNCIL  
2022 CAREER  
KICKSTARTER

SESSION 3

# 2022 Career Kickstarter

Today's facilitator:  
Tania Krasinski

## WELCOME BACK!

By the end of module 3, you will have:

- A good understanding of seeking out connections
- Made a list of who and how to contact supporters
- Connected with at least 1 supporter
- Time for a jobs applications check-in

**Let's do a quick reintroduction: state your name and what you wanted to be when you grew up (as a kid)**



# Connections Matter

---

## TOPICS

Quick re-introductions

---

Check in on workplans and progress

---

Menti quiz questions + discussions

---

Revisit the SWOT Analysis to establish connections

---

How to format a good question

---

Connections

---

Connections goals

---



# Workplan progress check-in

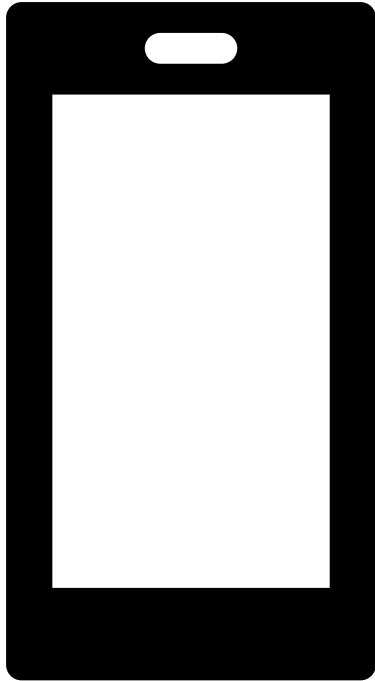
What have you achieved so far?

What would you like to know?

What is stopping you for doing?

Questions?





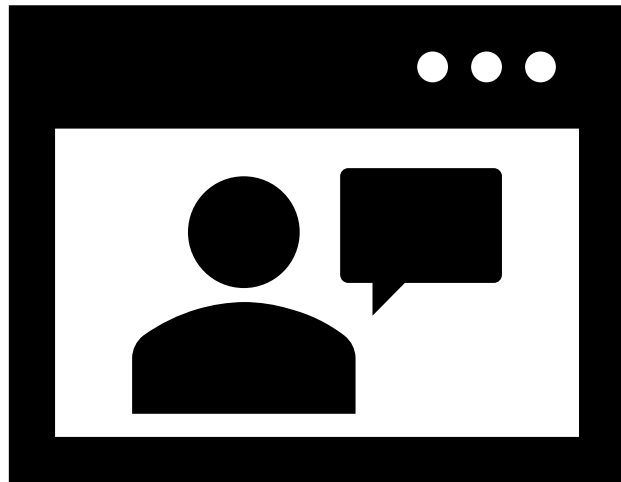
## To know what we need to know . . .

Let's start by establishing a couple of things . . .

Go to [www.menti.com](https://www.menti.com) and use the code 3226 2168

1. If you were to have a conversation with anyone (past or present) who would they be?
2. What do you need to get to work towards your work goals?





## On Mentoring and Conversations

How Great Mentor Relationships Are Formed, Simon Sinek (1:24)

<https://www.youtube.com/watch?v=RyTQ5-SQYTo>

How to turn “unrelated jobs” into a career (10:31)

<https://www.youtube.com/watch?v=0yhfUA8cX74>



What types of relationships are there?	
How do relationships start and form?	
What is in it for me?	
What might be in it for them? (always consider other perspectives)	



**STRENGTHS**

Consider: What am I good at? What comes easy to me?  
What do I love to do? What do I like to learn?

**WEAKNESSES**

Consider: What do I need help with? What do I find  
challenging? What do I NOT like to do?

**OPPORTUNITIES**

Consider: What can I do already? What could I learn  
more about? Where can I get help?

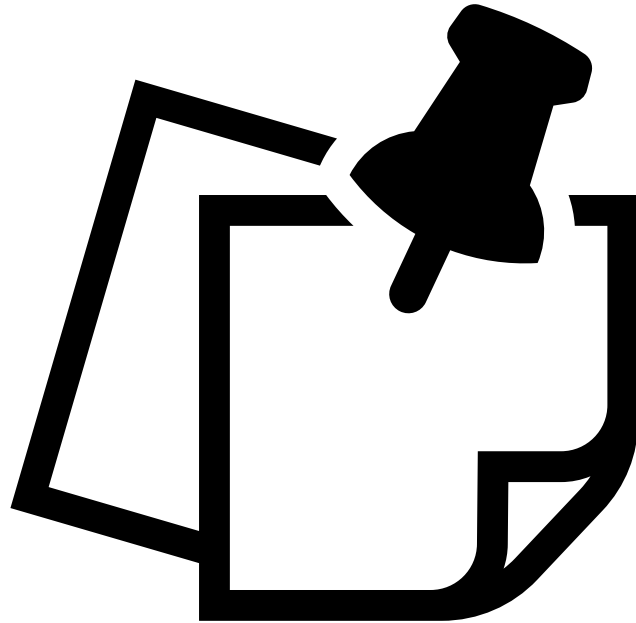
**THREATS**

Consider: What is stopping me from doing what I need to  
do?





# How to format a good question



Consider . . .

What do I need help with?

What do I want to know?

Why do I want to know it?

What would I like after the questions / conversations (or what is my end goal)?

Now, play around with these answers and form a question(s).

Test for:

- Purpose
- Clarity
- Simplicity



<p>What do I need?</p>	
<p>Who can help me? (include contact details)</p>	
<p>How will I approach them?</p>	
<p>Why would they help me?</p>	



# Session 3 wrap up

Thank you for participating in Session 3!

Let's debrief,

- What are your key takeaways from this session?
- How do you feel about approaching someone for help?
- What can you do if you get stuck or lose confidence through the week (re seeking support)?

Remember, most people genuinely want to help and share their experience and connections. Be yourself, understand what you want to know, and take the leap!

Next week we are covering finances and budgets – we promise it won't be difficult or boring!!

Looking forward to seeing you next week!

